

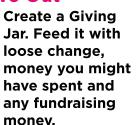
KIDS WALL PLANNER

Write

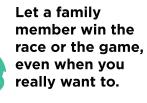


Make a list of all the generous things you would like to do this Lent, either by yourself or with others.

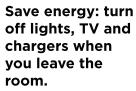
2 Give Out



3 Think



4 Care



Draw



Draw a large heart and write inside all the ways you can love someone.

Think



Don't interrupt your parents or friends when they are speaking.

7 Care



Send a letter or picture to a grandparent, relation or Godparent.

8 Thank



At the end of Saturday, write down 5 things to be thankful for.

9 Act/Do



Offer to clean everyone's shoes in the family, especially any muddy sports shoes.

Give Out

Make a friend outside your usual 'crowd'.

Act/Do



Half the world lives on £1.40 a day - can you?

2 Think



Offer the last piece of cake or cheesecake to another family member.

3 Act/Do



If the bin is full, don't ignore it empty it and replace the bin-liner.

4 Speak



Phone/email a grandparent, distant relative or friend to say 'hi'.

5 Make



Make some cakes or biscuits to share with your class mates.

Give Out



7 Care



When you buy yourself a treat, buy two and give one away.

8 Think



Try to find out about someone your age living in a poorer country and compare your lives.

9 Act/Do



Change your bed and if you are feeling really generous change someone else's as well.

20 Act/Do



Ask if you can help at school, at home, at church, or at one of your clubs.

