




















1 Write  Make a list of all the generous things you would like to do this Lent, either by yourself or with others.	2 Give Out  Create a Giving Jar. Feed it with loose change, money you might have spent and any fundraising money.	3 Think  Let a family member win the race or the game, even when you really want to.	4 Care  Save energy: turn off lights, TV and chargers when you leave the room.	5 Draw  Draw a large heart and write inside all the ways you can love someone.
6 Think  Don't interrupt your parents or friends when they are speaking.	7 Care  Send a letter or picture to a grandparent, relation or Godparent.	8 Thank  At the end of Saturday, write down 5 things to be thankful for.	9 Act/Do  Offer to clean everyone's shoes in the family, especially any muddy sports shoes.	10 Give Out  Make a friend outside your usual 'crowd'.
11 Act/Do  Half the world lives on £1.40 a day - can you?	12 Think  Offer the last piece of cake or cheesecake to another family member.	13 Act/Do  If the bin is full, don't ignore it - empty it and replace the bin-liner.	14 Speak  Phone/email a grandparent, distant relative or friend to say 'hi'.	15 Make  Make some cakes or biscuits to share with your class mates.
16 Give Out  Check through your games and toys and give ones you don't use to a charity shop (not broken ones!)	17 Care  When you buy yourself a treat, buy two and give one away.	18 Think  Try to find out about someone your age living in a poorer country and compare your lives.	19 Act/Do  Change your bed and if you are feeling really generous change someone else's as well.	20 Act/Do  Ask if you can help at school, at home, at church, or at one of your clubs.

<p>21 Speak</p> <p>Say something nice about someone behind their back.</p> 	<p>22 Act/Do</p> <p>Cut down on your phone/texting time.</p> 	<p>23 Be Generous</p> <p>Be generous with your words, pay a compliment to a family member, friend or even your teacher.</p> 	<p>24 Give Out</p> <p>Work with a adult to run a fundraising event, organise a cake sale or a book swap with your friends.</p> 	<p>25 Act/Do</p> <p>Do chores without complaining.</p> 
<p>26 Care</p> <p>Pick up litter outside your home, church or school.</p> 	<p>27 Create</p> <p>Make a card or a note that says something nice for members of your family or friends and hide them somewhere where they will find them.</p> 	<p>28 Act/Do</p> <p>Walk/cycle/scoot to school once a week.</p> 	<p>29 Give Out</p> <p>Be a friend to a shy person.</p> 	<p>30 Act/Do</p> <p>Set the table and clear away, or do the washing up without being asked.</p> 
<p>31 Be Generous</p> <p>Be a good team player: don't hog the ball and compliment your team mates.</p> 	<p>32 Act/Do</p> <p>Tidy up your bedroom without being asked to. (Saturday before Palm Sunday)</p> 	<p>33 Thank</p> <p>Make palm crosses and write thank yous to God on them. (Holy week)</p> 	<p>34 Draw</p> <p>Create some pictures of Holy Week events.</p> 	<p>35 Speak</p> <p>Say sorry first, even if you think it wasn't your fault.</p> 
<p>36 Give Out</p> <p>Give someone a Fairtrade Easter egg.</p> 	<p>37 Make</p> <p>Make some Easter cards and send or deliver them today.</p> 	<p>38 Learn</p> <p>Memorise some bible verses, get someone to test you.</p> 	<p>39 Make</p> <p>Bake some Easter Story cookies or hot cross buns.</p> 	<p>40! Give Out</p> <p>Add up the money in your giving jar and get an adult to help donate it to your chosen charity!</p> 